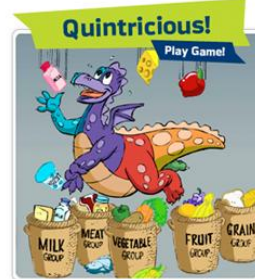
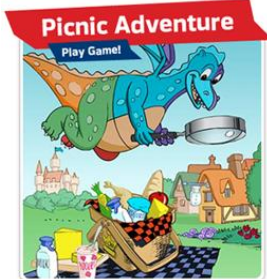


NUTRITION



chooseMyPlate.gov is maintained by the United States Department of Agriculture (USDA). This website offers a variety of information on the different food groups in the food pyramid.

Kids Games



Click on any of these learn more about our food groups.