

NOVEMBER Lunch Menu 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Corn Dog Sweet potato waffle fries Pears Fruit roll-up	2 BBQ grilled chicken Sandwich French Fries Peaches	3 Hot ham & cheese Peas Apple	4 Pizza Garden salad Ranch dressing Mixed fruit
7 Popcorn chicken Bread Baked Carrots Applesauce	8 NO SCHOOL – ELECTION DAY	9 Chicken fried steak Dinner roll Mashed potatoes Corn & Peaches White gravy optional	10 Bosco sticks Steamed broccoli & cheese sauce Oranges	11 NO SCHOOL – VETERAN'S DAY
14 Toasted ravioli Carrot sticks & ranch String cheese Baked Apples	15 Cheeseburger on a bun Potato puffs Pears	16 Pepperoni pizza stick Baked beans Peaches Pudding	17 Turkey Mashed potatoes Corn & dinner roll Applesauce & pumpkin pie	18 Chicken patty on a bun Garden salad Strawberries & bananas
21 Hot dog on a bun Peas Strawberry cup	22 BBQ rib on a bun Corn Applesauce & Jell-O	23 NO SCHOOL – COMP. DAY FOR CONFERENCES	24 NO SCHOOL – THANKSGIVING	25 NO SCHOOL
28 Chicken nuggets Bread Baked carrots Applesauce	29 Taco Shredded lettuce & cheese Baked beans Pears	30 Pizza Peas Pears Pudding		

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating based on race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET center at (202)720-2600(voice & TTY) or contact the USDA through the Federal Relay Service at (800)877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf> from any USDA office, by calling (866)632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: **Mail:** U.S. Dept. of Agriculture, Office of the Assistant Secretary for Civil Rights 1400 Independence Ave., SW, Washington, D.C. 20250-9410 or **FAX:** (833)256-1665 or (202)690-7442 or **EMAIL:** program.intake@usda.gov. **The Cafeteria system is a prepaid system, all students and teachers should maintain funds in their accounts during the school year. Aviston Elementary also offers an online program called E-Funds for parents/teachers to review balances and pay for lunches, ask the office for more information.**